# Meals for Moms

To cook and deliver meals to families with new babies. To welcome the new baby and mom home. To get young families involved in church ministries by asking them to help with dinners for their families.

## Skills/talents needed from volunteers:
None. This is great for everyone (men included) even if you can only make salad, or even grab the family some fast-food you’re hired!

## Time commitment involved:
With so many volunteers, you may only help two to three times a year and it is very minimal. No stress.

## How this ministry can positively affect lives:
You get to meet new people. You get to help a new mom adjust. Gets new moms involved. Makes everyone feel good!

## To learn more:
Call me: (Holly Mason) 309-925-5092 or cell # 309-208-6861
Email - hkmason@frontier.com

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Would you like to serve in this way?

The Mom’s for Meals Ministry operates on a volunteer basis and can always use more volunteers.

We are called to follow Christ’s example by loving and caring for one another. The moms who have benefited from this ministry are so grateful and many times have joined the team to serve other new moms. If you are able to help by providing one meals every couple months or so, please contact Holly mason at 309-925-5092 or 309-208-6861 or email me at hkmason@frontier.com

If you are a member of Tremont United Methodist Church and you are expecting a baby, by birth or adoption, the Mom’s For Meals Ministry would like to help you by providing 10 meals after the baby’s arrival. Call Holly Mason at 309-925-5092 or cell 309-208-6861 to request meals and answer a few basic questions.